



Kamphausen Media

FOREIGN RIGHTS CATALOGUE

2023 - 2025

TITLES AVAILABLE
FOR TRANSLATION



Dear Friends & Colleagues,

I am very pleased to present our new rights list, including parts of our backlist as well. I am convinced that you will find several interesting titles for your program in Silberschnur's Foreign Rights Catalogue 2024.

Once again, our publishing house offers you a wide variety of subjects, yet they are all about the individual development and the various possibilities to gain more awareness and an increasing consciousness.

This Foreign Rights Catalogue presents our available titles in our publications fields:

- ⇒ ART OF LIVING
- ⇒ BODY, MIND & SPIRIT
- ⇒ SPIRITUALITY & ESOTERICISM
- ⇒ HEALTH & HEALING
- ⇒ PERSONAL DEVELOPMENT

Please take your time to browse through this new Foreign Rights Catalogue.

If you need more detailed information, please feel free to contact me or visit www.silberschnur.de.

Of course, I would be delighted to send you reading copies. If you wish to get your examination copy sooner, I shall be happy to send you reading copies as a PDF.

Please send me your suggestion for an appointment as soon as possible.

Kind regards and stay healthy!



Stefan Huber
Editorial Consultancy &
Foreign Rights Management
Verlag »Die Silberschnur« GmbH
email: rights@silberschnur.de



WORLD RIGHTS AVAILABLE

224 pages, 2-color, hardcover

By the same author:



208 pages, 2-coloured,
paperback

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ART OF LIVING

New Releases 2025

Anjana Gill

Dear Universe, fulfill my heart's desire

The instant success method

A new lifestyle is taking over the world!

We can speak the same language as the universe...

... and open the door to an incredibly beautiful life! How? Universe expert Anjana Gill shows you how - with her special language course that will make 'Cosmic' your second mother tongue. With vocabulary lists, lots of tips and practical exercises, she introduces you to the secrets of the Cosmic language in her humorous and easy-going way - and finally ensures trouble-free communication with the universe. And lots of fulfilled heart's desires!



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth - a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.

HEALTH & HEALING



WORLD RIGHTS AVAILABLE

144 pages, color throughout,
paperback

By the same author:

224 pages, color throughout,
paperback

WORLD RIGHTS AVAILABLE

Peter Emmrich
Healthy through medicinal plant juices

Using the healing powers of nature

Boost your vitality with plant juice!

Simply drink yourself healthy...

With freshly squeezed medicinal plant juices. They are concentrated plant power because they contain the highly concentrated ingredients of the whole plant, which provide rapid relief for many health problems – without any side effects.

The author, an experienced general practitioner and biologist, presents the most important medicinal plants with their characteristic features, where to find them and how to use them, so that you can get started straight away and collect your own herbal pharmacy in nature.

The book also contains 14 coordinated cures with medicinal plant combinations for many symptoms – from immune deficiency to joint inflammation and obesity – which will gently but effectively restore your well-being.

Strengthen your health in a completely natural way!



PETER EMMRICH

Peter Emmrich is a graduate biologist, chemist and specialist in general medicine with additional certification in homeopathy, naturopathy, acupuncture, sports medicine, manual medicine and palliative medicine. He is a family physician with his own practice in Pforzheim and holds a lectureship in general medicine at the Universität Tübingen. In his

capacity as president of the Europäischer Naturheilbund e.V., vice president of Ärzte für Naturheilverfahren und Regulationsmedizin e. V. (ZAEN) and board member of the Hufelandgesellschaft e. V., he has focused on natural healing methods and biological medicine for many years.

www.peter-emmrich.de

PETER EMMRICH

DIE ESSENZ DER
WildkräuterUrtinkturen für
ganzheitliche Gesundheit

WORLD RIGHTS AVAILABLE

224 pages, color throughout, paperback

By the same author:144 pages, color throughout,
paperback

WORLD RIGHTS AVAILABLE

HEALTH & HEALING

Peter Emrich

The essence of wild herbs

Mother tinctures for holistic health

Medicinal herbal tinctures for your medicine cabinet
There is an untapped treasure right on our doorstep... the rich world of wild herbs. General practitioner and biologist Peter Emrich presents 18 effective herbs and the tinctures he has tried and tested in his practice that can be used for a variety of ailments, proven by amazing results from the author's practice. By combining Western naturopathy with the teachings of Ayurveda and Traditional Chinese Medicine, his healing tinctures can achieve a profound harmonization and thus a holistic healing of the body and help with complaints such as menopausal symptoms, bruises, bronchitis, asthma, impotence, diabetes, ADHD, cardiac arrhythmia and much more. Whether traveling, at home or as emergency drops: herbal tinctures are an invaluable and absolutely side-effect free aid from nature's treasure trove that no medicine cabinet should be without. Improve your health drop by drop!



PETER EMMRICH

Peter Emrich is a graduate biologist, chemist and specialist in general medicine with additional certification in homeopathy, naturopathy, acupuncture, sports medicine, manual medicine and palliative medicine. He is a family physician with his own practice in Pforzheim and holds a lectureship in general medicine at the Universität Tübingen. In his capacity as president of the Europäischer Naturheilbund e.V., vice president of Ärzte für Naturheilverfahren und Regulationsmedizin e. V. (ZAEN) and board member of the Hufelandgesellschaft e. V., he has focused on natural healing methods and biological medicine for many years.

www.peter-emmrich.de



WORLD RIGHTS AVAILABLE

256 pages, color throughout, paperback

Gertrud Maria Eilert Full herbal power

How plants heal and touch our soul

The magical connection between chakras and medicinal herbs. There are many books on medicinal plants. But this is the first one that not only lists the areas of application but also assigns the appropriate organs and chakras to the medicinal plants – painting a new, innovative and much more multi-faceted portrait of the plants. By also addressing the emotional effects of each plant, the author provides a genuine, in-depth understanding of the effects of our native medicinal plants – on both a physical and an emotional level.

Detailed illustrations help even non-experts recognize the herbs in nature, and with simple recipes for making tinctures, ointments and teas, you can then put together your own natural medicine chest.

Simply take advantage of the herbal power of nature.



GERTRUD MARIA EILERT

Gertrud Maria Eilert has been collecting her own medicinal herbs in nature and studying their healing properties for over 40 years. She is happy to pass on her knowledge, for example during her time as a teacher in Denmark, where she taught many children about wild plants, or by opening her own medicinal herb garden in Flensburg in 2016, which is open to the public. It is laid out as a seven-star garden, which assigns the plants to the individual chakras and thus combines the author's knowledge of medicinal herbs and her training in aura and chakra work. She gives various courses and further training on the subject of medicinal herbs, as it is important to her that people rediscover nature's treasure trove and are able to use it for themselves.

SPIRITUALITY & ESOTERICISM



WORLD RIGHTS AVAILABLE

224 pages, paperback

Antje L. Mayerhöfer
Spiritual Support

The game changer for your life

Spiritual life coaching has never been done like this before! Your Spirit Guides are all over you... so there's no need to lose your nerve. Just feel free to shake the dust off your soul, take a deep breath and look forward to lots of good things happening in your life. The author as well as Spirit Guides like Saint Germain navigate you safely through all areas of daily life: financial management à la Saint Germain is a clear lesson in orderliness. The many facets of love challenge us to become more tolerant, faithful or honest. And when it comes to the power of words, a clear no and a yes are what really counts. Occasionally things even get radical: when it comes to eliminating all the ifs and buts, exploring our loyalty or realizing that there may not be THE one right place. This is your support from spiritual world helping you through everyday madness. It's modern and practical. And amazingly simple. This book is a game changer!



ANTJE L. MAYERHÖFER

Antje L. Mayerhöfer, born in 1969, is dedicated to people who want to learn how wonderful it is to rely on spiritual support in their job and business. She loves writing and practicing yoga. And she knows how to approach even the most difficult situations in life with a sense of humor. Antje worked as a lawyer before her life took a sharp turn and catapulted her into the world of finer energies. Today, she is a spiritual expert in business, resilience, holistic fitness and a mindful, spirited lifestyle. She packed this spirit and her penchant for a modern, cheerful kind of spirituality into her first book 'Crisis-proof and as soft as cotton wool' which she published in early 2022. She is a member of the Selfpublishers Association. Antje lives with her family near Bonn.



WORLD RIGHTS AVAILABLE

184 pages, 2-color, paperback

By the same author:



528 pages, hardcover

WORLD RIGHTS AVAILABLE

Franziska Krattinger Soul power - The Next Level

Tools that will change your life

The new world awaits you!

It's just around the corner – a new time, in a different dimension. Accompanied by a historic change that will fundamentally alter life as we know it forever.

You want to know what will happen? You're not alone.

Consciousness coach Franziska Krattinger has written a guide for all those wondering what specific changes await us. The author describes vividly and clearly what the new era and the dimensional shift are all about. How we can best master it. What difficulties may arise and how to overcome them. And what awaits us in the new world...

Seize your opportunities and possibilities in the new era!

A small step for you, a quantum leap in your life!



FRANZISKA KRATTINGER

From an early age, Franziska Krattinger (died in 2013) was able to see the auras of humans and animals. This led her to insights about the interplay of all things. For more than 20 years, she successfully used her skills to offer people advice in many professions and also gave seminars about life and consciousness development.



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136 pages, paperback

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PERSONAL DEVELOPMENT

New Releases 2025

Kurt Tepperwein
Don't get angry!

The art of using your energy in a positive way
Creating more power, time & quality of life

Anger is the no. 1 stress factor in our society, and daily minor and major annoyances rob us of our energy, time and health.

Put an end to it today!

Treat yourself to your personal anti-annoyance program with well-known life teacher Kurt Tepperwein who breaks down the real causes of anger for you and shows you all the practical tricks and hacks to lead a free and stress-free life from now on.

Simply leave anger and annoyance behind!

Less anger = more life!



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

HEALTH & HEALING



WORLD RIGHTS AVAILABLE

176 pages, paperback

Gabriele Maria Mayr

No desire to die yet

New hope after a cancer diagnosis

Cancer? So what!

For many, a cancer diagnosis is synonymous with a death sentence. But the author's story of recovery proves that there is always hope. And that alternative and conventional medicine are not a contradiction in terms, but strong allies against cancer.

This compact guidebook by a former cancer patient describes her experiences with traditional cancer therapy but also offers many holistic aids – from cell building, vitamins and vital substances to working with power animals or the inner healer – working on a physical, emotional and spiritual level and mobilizing the self-healing powers that lie dormant in all of us.

This guide proves on every page: healing is never impossible!



GABRIELE MARIA MAYR

Gabriele Maria Mayr was born in Augsburg and took the leap into self-employment after completing her training as an administrative assistant. She attended numerous seminars on alternative and holistic healing methods and expanded her knowledge by training as a vital substance expert and orthomolecular consultant. As she has always had a heartfelt desire to work with animals, she trained as a groomer and now successfully runs a trimming and shearing studio for dogs, where she is happy to pass on her knowledge to her two- and four-legged customers. The author lives near Augsburg



WORLD RIGHTS AVAILABLE

160 pages, paperback

HEALTH & HEALING

New Releases 2025

Andrea Reinelt

Sleep great – live healthier

Are you still counting sheep... or are you already asleep?

Restful sleep is essential for our body and our health.

Unfortunately, we often only really appreciate it when it doesn't come: problems falling asleep and staying asleep make life difficult during the day. But that's over now! Get a good night's sleep again with a wealth of practical and tried-and-tested advice so that you can finally have a good day again.

The new sleep formula. Finally fall asleep easier and sleep through the night better!



ANDREA REINELT

Andrea Reinelt is a music and biology teacher by profession. She is also an author of specialist books for biology lessons. After dealing with her own health problems, she has developed from a patient to a counselor in recent years. Her further training as a health and prevention coach forms the basis for this. Over the past few years, Andrea Reinelt has recognized how restful sleep and thus physical and mental health can be achieved at the same time. Due to her high sensitivity, she has cultivated the special skill of dowsing as a bedside consultant. Andrea Reinelt sees herself as a natural scientist with alternative and holistic experiences in the field of health. The author lives in Flohrstadt in Hesse.



WORLD RIGHTS AVAILABLE

184 pages, color throughout, paperback

Ingrid Auer **All's well that ends well**

Why the earth has turned upside down
and everything will be fine in the end

The world seems to be in chaos: crises, uncertainties and upheavals dominate our everyday lives. But what if this chaos is part of a bigger plan? What if the apparent catastrophes are not the end, but the beginning of a new era?

This book takes you on a journey through the spiritual, energetic and astrological background to the current quality of time. It shows why the earth and humanity are undergoing profound change – and why it is more important than ever to develop trust in the big picture.

Ingrid Auer accompanies you on your path, shows you a new perspective and gives you the tools to look ahead with confidence. Because in the end, everything will be fine – perhaps even better than you imagine. All's well that ends well.

A book for all those who not only want to understand change but also want to help shape it.



INGRID AUER

Ingrid Auer has been in close contact with the spiritual world for many years. She had already been working as a kinesiologist for several years when, in 1998, she received a commission from the angelic realm to channel, produce, and distribute energized angel symbols and angel essences as spiritual aids for the New Age. These form the basis of her work.

As a mediator between the spiritual and earthly worlds, she shares her extensive knowledge and experience on spiritual topics with an interested audience at home and abroad in books, lectures, seminars, eWorkshops, and increasingly on the Internet (including Facebook, her blogs, etc.). The majority of her clients, readers, and seminar participants were and still are women. Ingrid Auer is passionate about working with them to heal collective femininity even more than before. Ingrid Auer lives in Baden near Vienna and in Mallorca.



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COLOMBIA, RUSSIA

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ART OF LIVING

New Releases 2025

Kurt Tepperwein
Heart over head

Quit thinking, dive right into feeling

One heart, one soul.

Living your life from your own center

Heal yourself – an appeal often heard but rarely put into practice.

But this could now change: life teacher Kurt Tepperwein is opening the last gate that has stood between us and the healing of our hearts – conscious consent. Because true healing does not happen by force of will but is a natural process arising from within.

Those who consent to this turn inwards and discover love as part of themselves, transcending their narrow horizons and unleashing possibilities that are nothing short of miraculous.

My life – my rhythm – my path



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



WORLD RIGHTS AVAILABLE

320 pages, paperback

HEALTH & HEALING

Dr. med. Emmanuel Etoung

Cell power

All about motivational medicine

Your body – a concept for success!

How your body thinks, feels and renews itself

Dr. Emmanuel Etoung, specialist and senior physician at St. Antonius Hospital in Kleve, has developed a new medical concept that is unique in the world: motivational medicine. MotiMed© does not focus on illness, but places life and life motivation at the center. What's more, MotiMed© sees the human organism as a high-performance 'multimedia system' that gives every person great power, literally catapults them out of the role of victim and makes them the most important and active member in their recovery process. Motivational medicine takes a look at the cell and our biological origins, revealing fascinating basic principles of life. We can fight against them – or use them as a source of vitality to be life, light and creators ourselves. To engage with cell knowledge is to engage with the origin of life. This book changes the way we look at medicine and health.



DR. MED. EMMANUEL ETOUNG

Dr. Emmanuel Etoung is a specialist in internal medicine, gastroenterology, and proctology and a micronutrient consultant. He is the founder of the concept of motivational medicine (MotiMed®). He was born in Cameroon. After more than 15 years of clinical experience as a senior physician, he realized that behind the organic complaints of many patients

lies a deeper dissatisfaction with life. He founded the communication platform MotiMed® with the aim of advising people, regardless of their state of health, to recognize their potential, develop their personality and consciously shape their lives. Dr. Etoung currently works as a senior physician at St. Antonius Hospital in Kleve. He lives with his family in Essen. www.motimed.eu#



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128 pages, 2-color, paperback

HEALTH & HEALING

New Releases 2025

Maria L. Schasteen
Aroma medicine

Essential oils, epigenetics & the art of self-healing

Fragrances influence our genes!

This revolutionary book introduces you to the fascinating world of epigenetics and shows how essential oils influence the activity of our genes.

Discover the possibilities opened up by combining science and natural healing and learn how essential oils can help you reduce stress, find emotional balance, sleep better, build resilience and support your long-term health and well-being.

With fascinating real-world success stories!



MARIA L. SCHASTEEN

Maria L. Schasteen is a medically certified aromatherapist, founder of the company Secrets of Nature and author of the bestselling book series Scent Medicine. She can look back on 30 years of experience with essential oils. Her particular concern is to use fragrant essences for the benefit of mankind and to pass on her knowledge about the healing power of essential oils.

SPIRITUALITY & ESOTERICISM



WORLD RIGHTS AVAILABLE

224 pages, 2-color with illustrations,
paperback

Carmen Zeiler
The wild time of the Rauhnächte

All about winter creatures, customs and rites surrounding this magical time between the seasons

Forgotten myths and stories: The secret of the Rauhnächte
There are books about the Rauhnächte. And there is this unique compendium of forgotten knowledge that will change what you thought about those wild nights forever ...

Immerse yourself in the Otherworld and get know those healer women with their demonized healing powers. Get enchanted and sometimes startled roaming through a fairytale world offering many hidden messages. Let yourself be carried away into the world of the winter gods, fairies, elves and gnomes. Learn about the number magic of our ancestors and sneak a peak into St. Nicholas' sack and the witches' cauldrons.

Why is this book about magical nights so special? Because there is no other boo that...

- ... delves so deeply into the Time between Time,
- ... deals with so many different topics, and
- ... reveals the connections between traditions and nature gods, between winter figures and fairy tales and between church and paganism in such an entertaining way.

Take a look behind the scenes of the most magical time of the year...



CARMEN ZEILER

Carmen Zeiler was born in Munich in 1958. She visited many countries around the world and was fascinated by their culture and customs. She learned how important her own traditions are and turned to Celtic-Germanic culture in search of her own roots. She read a great deal about ancient customs, visited local museums and traditional events and learned about the world of Celtic life and all its facets from a druid. For some years now, Carmen Zeiler has been celebrating the annual festivals with a group of people, following the example of our Celtic-Germanic ancestors. She is particularly interested in the Rauhnachtszeit.



WORLD RIGHTS AVAILABLE

160 pages, 2-color with illustrations,
paperback

HEALTH & HEALING

Andy Großkopf **Breathe better. Now**

Breathwork, meditation, yoga nidra

Create your Prana Experience... for more life energy and clarity
What is a Prana Experience? This method combines breathwork, meditation and yoga nidra for the first time in order to activate and direct prana, the life energy.

What does a Prana Experience do for me? It...

- reduces stress,
- strengthens your immune system,
- strengthens your willpower,
- increases your creativity ,
- improves your sleep ,
- increases your concentration, and
- strengthens your determination.

How can I learn to create a Prana Experience? In this clearly structured practical book, breathing and meditation coach Andy Großkopf explains the basics of his method - from mindfulness to Zen. Plus: Eight inspiring example experiences for mental flow and energetic cleansing

Live your power. Live your serenity.



ANDY GROSSKOPF

Andy Großkopf is a pranayama and meditation trainer and musician. In his work as a musician, he has already self-published textbooks. Großkopf has already published articles on pranayama and meditation in blog format and in the online edition of 'Yoga aktuell' magazine. Großkopf teaches pranayama and meditation in workshops, regular courses and retreats, online and in 'real life.'



WORLD RIGHTS AVAILABLE

152 pages, paperback

*For more books by Trutz Hardo
take a look at our
general foreign rights catalog:*



Trutz Hardo

Heal yourself with the power of forgiveness

Finally heal old wounds – in a revolutionary & simple way
Have you been suffering from your ailments for years and tried everything? But nothing helped?

Then it could be that the cause of your illness lies not in this life, but in a previous one... In his latest book, well-known regression therapist Trutz Hardo presents a form of therapy that goes much deeper than conventional treatments. It starts where many other therapies do not look – the causes of your complaints in a previous life. When these are uncovered and resolved, real healing can take place.

You will learn in detail how reincarnation therapy works, why it works and what kind of success you can expect from this revolutionarily simple, yet very effective and, above all, causal form of treatment – so you can finally say goodbye to your complaints.



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help. For videos and more information about his publications, please visit: www.trutzhardo.de



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320 pages, 2-color, paperback

PERSONAL DEVELOPMENT

New Releases 2025

Katharina Wengert

Relationship status: thumbs up or down

5 steps to the perfect relationship
or the perfect break-up

The first 2-in-1 guide to taking a loving decision with an honest heart

A perfect relationship? Does that even exist? Yes, absolutely! But a break-up can also be perfect. It's all about making a clear decision for the relationship or a clear decision for separation – and then doing everything you can to make one or the other a complete success.

This effective 5-step program will help you make crystal-clear decisions and save your relationship – or separate quickly and harmoniously. As the case may be.

What's special: You get two books in one. This innovative guide is written both for those who want to give their relationship another chance – and for those who want a perfect break-up.

Easily create a perfect life – for yourself and with your loved ones. It's entirely up to you. Are you ready?



KATHARINA WENGERT

Katharina Wengert is a lawyer, author, wife and mother. Her motto in life is: Anything is possible, and you can achieve anything you want! She has also been working as an NLP, coach and matrix trainer since 2014. She gives courses and seminars and offers individual and team coaching. At the same time, she gives motivational and keynote speeches in companies, networks, schools and universities. She trains managers and employees, teachers and professors. The author has had special spiritual connections since her childhood; her mother, for example, was clairvoyant. She is raising her three children knowing that they are the creators of their own reality.

PERSONAL DEVELOPMENT



WORLD RIGHTS AVAILABLE

512 pages, paperback

Walter Rotter

Who you are and how you'll become the best version of yourself

The key to identifying characters, understanding people, and touching hearts.

Although we are strongly influenced by our environment, education and experiences in the course of our lives, we all have an unchangeable basic character we were born with that significantly influences our road to success.

After decades of research about human character, Walter Rotter worked out in detail 144 female and 144 male basic characters, paving our way to self-awareness and self-realization. His method helps us better understand other people and properly respond to behaviors of our children, partners, coworkers or supervisors ensuring that we will never let good opportunities pass again.

Explore the amazing variety of human characters, discover their strengths and potentials and decode their behavioral patterns.

‘Your character is your great chance.’

-Walter Rotter



WALTER ROTTER

Walter Rotter, born in 1950, is the inventor and originator of the PQS success method. He has been working as a mental coach and personality trainer in top sport and top management since 1994.

His client list includes top athletes, managers, politicians and ordinary people. In recent years, Walter Rotter has coached eight world champions, many

European champions and several German champions in various disciplines. His clients also include a silver medal winner from Sydney.

As a character analyst, he has empirically researched over 30,000 people in more than 50 years and defined 144 female and 144 male characters. In this way, he helps many people to recognize and mobilize their potential in both their private and professional lives.

www.pqs-erfolgsmethode.de

ART OF LIVING



WORLD RIGHTS AVAILABLE

176 pages, 4-color, paperback

By the same author:52 cards, incl. descriptions,
in a box

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Isabelle Wolf
COLOR your lifestyle

The slightly different color book

Live a more colorful life!

Isabelle Wolf chats away effortlessly, revealing her fascinating color knowledge along the way.

Red is love, green is hope? Forget about it and learn what the different colors and their personalities are really all about.

Isabelle Wolf brings color characters to life: she interviews bubbly child star Orange, pins down eccentric Schiaparalli pink on a funny wanted poster and reveals the interrogation record of the most infamous poisoner of all time: Scheeles green.

Discover how red ensures that women are contacted more often on dating sites, seniors regain their vision and Brits don't walk into their mailboxes. How blue helps you get rid of unpleasant guests or extra pounds and write brilliant emails. Why in Caspar David Friedrich's opinion, blue was anything but faithful and how green creates harmony at home and even makes potential suiciders climb back down from bridge railings.

Witty, educational, light-footed – the author mixes a fizzy cocktail of pop culture, art (history), fashion, living, lifestyle and color psychology, garnished with a good shot of humor.



ISABELLE WOLF

Isabelle Wolf, born in 1979, studied journalism, German studies, film studies and art history. The common thread that runs through her work was and is the topic of "color": as an editor for an art book publisher, as the author of a guidebook ("Was Farben sagen", Goldmann 2011) or as a color expert for a major German paint manufacturer. She creates color and furnishing concepts for private homes and has been interviewed by Homes and Gardens, Madame, Jolie, freundin and WOHNDESIGN, among others, on color effects and design.



WORLD RIGHTS AVAILABLE

208 pages, 2-color, paperback

PERSONAL DEVELOPMENT

New Releases 2024

Claudia Duwe

The happy household method – Make a s(wish)

Cleaning, sweeping, making coffee: how to get on the road to success with a few simple steps

Bright times ahead!

When your dog jumps right onto your white sofa just after a walk through the forest, when there is lime swimming in your tea, you wouldn't even dare to dream about a bathroom without piles of laundry.

The happy household method humorously targets our daily chores and sparks off a firework of motivational tricks for day-to-day life. It shows that cleaning actually can be fun!

What's more, our daily chores even have an ingenious side effect: they turn out to be a key to wish-fulfilment and success. They put us into a success mindset that transforms us into a magnet for good things.

An inspiring book that invites us to actively dust not only our homes, but our whole lives, and make them shine again.

This fantastic and simple happy household method can be used anytime you like!

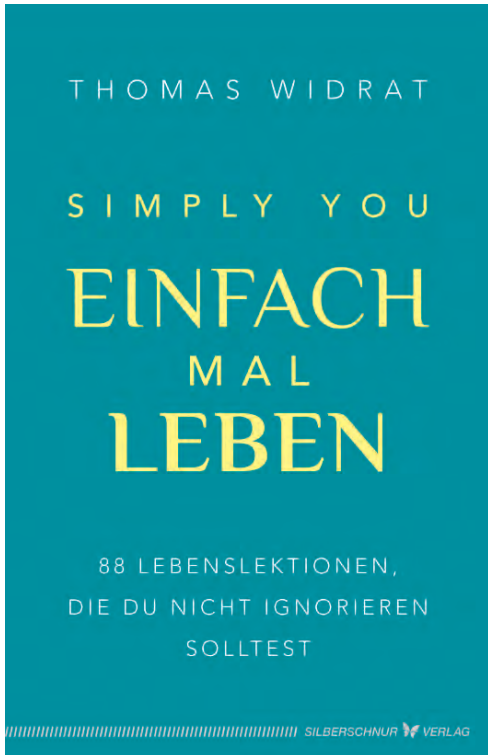


CLAUDIA DUWE

Dr. phil. Claudia Duwe lives in East Frisia. She is the mother of a daughter, has a degree in media management, is a dual-trained coach, author and lecturer.

Claudia Duwe studied media and cultural studies at the Universities of Siegen and Birmingham/GB and worked for many years as a communications officer at universities and research institutes.

PERSONAL DEVELOPMENT



WORLD RIGHTS AVAILABLE

224 pages, paperback

By the same author:



368 pages, paperback

WORLD RIGHTS AVAILABLE

Thomas Widrat
Just live your life

88 life lessons you shouldn't ignore

Just live your life:

you'll be more relaxed, healthier, more successful, more self-determined, freer, and happier ...

In our search for a more successful and happier path in life, it is sometimes difficult for us to keep course. Considering the endless options we have on this journey, we tend to question decisions we had already taken.

In 88 life lessons, Thomas Widrat provides ideas how to readjust your inner compass and helps you find the right course for your life in an ocean of possibilities - for a safe journey to yourself.

This will help you make daily progress towards your goals.



THOMAS WIDRAT

Thomas Widrat (born in 1974) first worked in responsible commercially focused and marketing-oriented professions before he established himself as a text author and music producer in professional music business. Thanks to years of intensive pursuit of alternative healing methods he finally discovered his true vocation: today he is dedicated to personal development and healing. He gives lectures and seminars.

SPIRITUALITY & ESOTERICISM



WORLD RIGHTS AVAILABLE

192 pages, paperback

By the same author:



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MIRABELLE COUDRIS

Mirabelle Coudris, born in 1957, was a clairvoyant medium, author and seminar leader. She had professional training in deep trance techniques and has been tested in psychometry and telepathy and by means of hypnosis. During her training she also worked telepathically with animals. The individual good spirits of people revealed their vision through Mira, i.e. Mira translated what she experienced from the spirits beyond. Mirabelle Coudris lived and worked in Switzerland.



RENÉ COUDRIS

René Coudris was the author of a dozen books on the subject of the paranormal, a crop circle researcher for many years and an international speaker. As a graphic artist and designer, he has created major exhibitions on the subject. He ran his holistic studio-Phoenix in the Salzkammergut.



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Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

HEALTH & HEALING



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durch Biologisches Dekodieren

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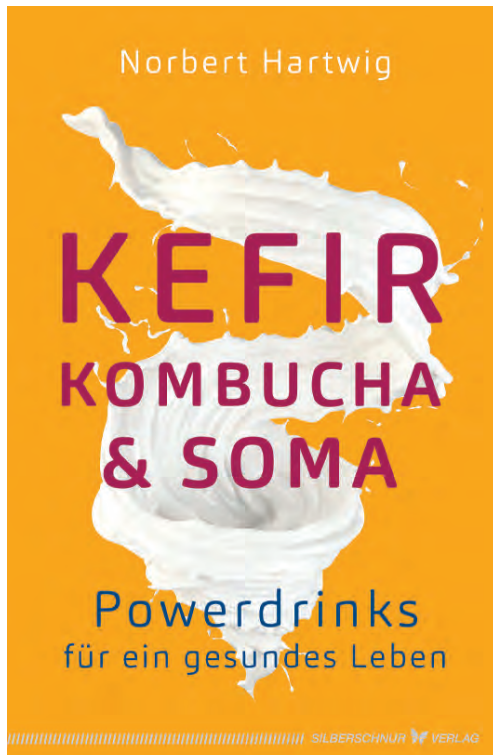
In this book, experienced therapist Angela Frauenkron-Hoffmann shows how biological decoding helps significantly improve your symptoms – without any risks or side effects!

Health codes for a good life.



ANGELA FRAUENKRON-HOFFMANN

Angela Frauenkron-Hoffmann is a psychotherapist from Belgium. For the past 25 years, she has worked with children and adults in her own practice. Fascinated by the logic of nature and life, together with her patients, she goes in search of the 'biological' explanation of their symptoms and – logically – helps them heal themselves. She holds seminars in the German- and French-speaking areas for interested laymen, but also for therapists wanting to learn how to conduct Biological Decoding.



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Power drinks for a healthy life

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Let your food be your remedy!

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Physicist and nutritionist Norbert Hartwig comprehensively explains the basics of nutrition, highlights how immensely important our intestine is to our immune system, and focuses on the previously underestimated importance of microorganisms that are now successfully being used in treating numerous disorders ranging from digestive problems to serious diseases.

Activate your body's self-healing powers and support your immune system!

The best part is: We're all able to cultivate these primal powers of life. This book provides many recommendations how to incorporate kefir, kombucha, soma, fermented vegetables etc. into your diet. It's amazing how easy it can be to stay healthy in the long term and even live longer!

Live healthier and longer using microorganisms.



NORBERT HARTWIG

Dipl.-Ing. Norbert Hartwig, born 1952 in Hamburg. Physicist; self-taught, interdisciplinary studies in biophysics, nutrition and naturopathy; researcher, develops formulas for food supplements and natural remedies using ancient traditions. Known from the press and TV ("Mystery of the Indian god's drink solved" - rediscovery of an ancient enzyme fermented

drink, which was already described in the Vedic texts around 5,000 years ago as the god's drink Soma).

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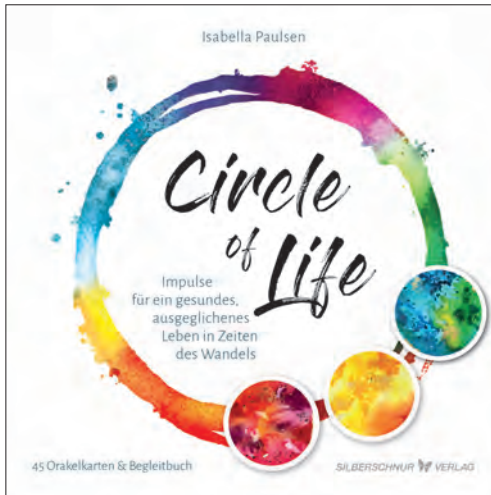
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Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.

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Sometimes the deepest crises bring the most beautiful treasures to light. This was the case for Isabella Paulsen. As a young working mother in the exciting agency life of Berlin, she felt empty and burnt out. Something was missing. Her health was failing, she was separated from her children's father, and so began a journey away from "life according to plan"

and into uncertainty. My own yoga practice, her own yoga practice, coming to terms with being a woman and the transformation phases of TCM helped her to live through the change. Her experience is reflected in the Circle of Life, and so this set of cards encourages change and gives a clear YES to life.

Today Isabella is a yoga teacher and her Womanhood workshop series is very popular. The first watercolor circles were created as companions for these workshops and are now popular as postcards and original paintings. www.fullcircle yoga.de

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Elisabeth Wölfel **Twelve Nights – Dream Nights**

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Grab a cup of tea, curl up with the wholesome recipes in this book and gain some clarity to turn your dreams into reality.



ELISABETH WÖLFEL

Elisabeth Wölfel, born in 1987, lives in a small, idyllic village near Zurich. After the birth of her children, she became more and more open to gentle healing methods, such as the numerous applications of herbalism or smoking with local herbs.

which was also a further step towards opening up to spirituality. One of her greatest concerns is to free ancient knowledge from fear-inducing myths, to package it in a modern way and to make the golden core accessible to everyone.

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ISABELLE WOLF

Isabelle Wolf, born in 1979, studied journalism, German studies, film studies and art history. The common thread that runs through her work was and is the topic of “color”: as an editor for an art book publisher, as the author of a guidebook (“Was Farben sagen”, Goldmann 2011) or as a color expert for a major German paint manufacturer. She creates color and furnishing concepts for private homes and has been interviewed by Homes and Gardens, Madame, Jolie, freundin and WOHNDESIGN, among others, on color effects and design.



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Gabriele A. Petrig
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How to easily switch off your unwanted genes

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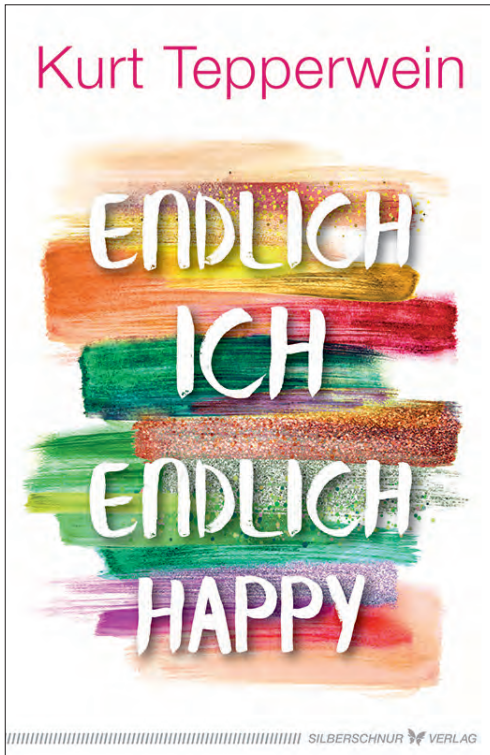
GABRIELE A. PETRIG

Gabriele A. Petrig is the founder of the Institute for Constellations and New Consciousness and has been accompanying people on their path to personal and spiritual growth for more than 33 years. She is an expert in systemic constellations and uses the high-energy "Genetic Healing" method to open doors to a new consciousness. By incorporating epigenetics

into her energetic work and thus bringing about cross-generational and karmic solutions down to the genetic level, a redemptive change takes place in the family and collective field.

She passes on her knowledge in seminars and training courses and is the author of various specialist books and numerous specialist articles on family constellations and mental training for children, young people and teachers. Since 2020, she has also been Chair of the Board of the International Association for System Constellations and Energy Work.
www.petrig-genetic-healing.de

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Discovering who we really are might be the most important task life has in store for us. In his book, Kurt Tepperwein takes us on a fascinating journey to our true self: **FINALLY ME –FINALLY HAPPY!**



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In this book, Alexandra Zengerling, an experienced expert for families suffering from these symptoms, shows you how to free your child from them. For more than 5 years, she has switched from treating the children to coaching their parents who achieve a success rate of +90% freedom from symptoms thanks to her coaching. Her method starts where traditional methods no longer work: her approach guides you BEHIND the symptoms directly to their root causes. Only there, at the core, change will happen. A new reference book for families wishing to have wonderful relationships within their family and easier day-to-day lives but also wanting to take an active part in creating them. Children and parents alike will no longer have to feel that something is not quite right with them!



ALEXANDRA ZENGERLING

For years, Alexandra Zengerling, 37, married with 2 children, alternative practitioner and learning therapist for dyslexia, dyscalculia and AD(H)D, ran a practice as an alternative practitioner and therapist. Feeling that her clients' success lacked effectiveness, she looked for new formats. She closed down the practice, switched to online coaching and has been treating the parents instead of the children ever since. With great success. Over the past few years, she has reached thousands of people and built a million-dollar company. The need is great! Her vision: a world where every child is perfect just as they are without being marked with a diagnosis for life.

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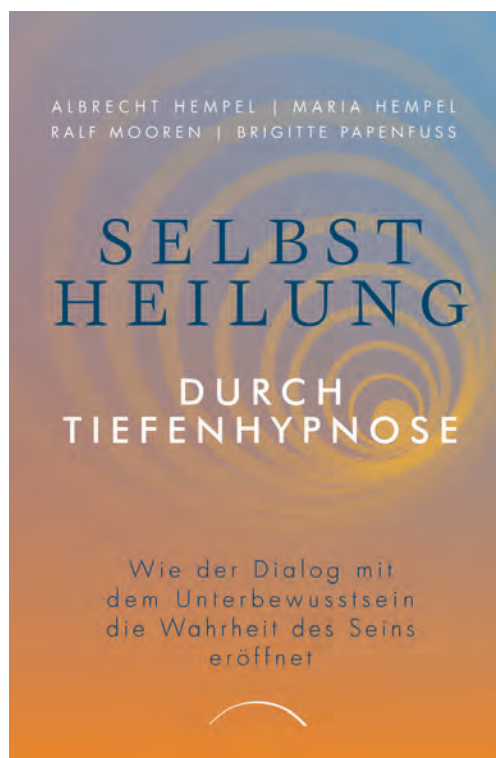


DIPL.-BIOLOGE PETER EMMRICH M.A.

Peter Emmrich is a graduate biologist, chemist and specialist in general medicine with additional certification in homeopathy, naturopathy, acupuncture, sports medicine, manual medicine and palliative medicine. He is a family physician with his own practice in Pforzheim and holds a lectureship in general medicine at the Universität Tübingen. In his capacity as president of the Europäischer Naturheilbund e.V., vice president of Ärzte für Naturheilverfahren und Regulationsmedizin e. V. (ZAEN) and board member of the Hufelandgesellschaft e. V., he has focused on natural healing methods and biological medicine for many years.

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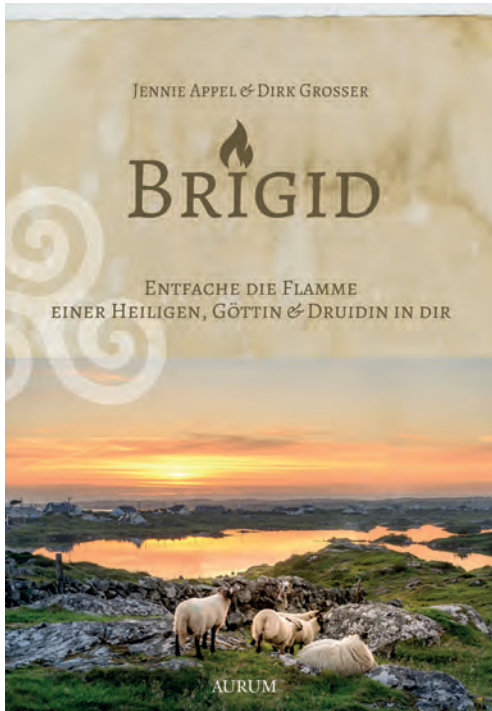
PROF. DR. MED. ALBRECHT HEMPEL is a specialist for internal medicine and a cardiologist. He worked as a professor at the Charité in Berlin. Since 2013, he has been head of the department 'Integrative medical science' at the zur Steinbeis-Hochschule in Berlin.

DR. MED. CHRISTA-MARIA HEMPEL is a medical specialist in neurology and psychiatry and has been a palliative physician since 1999. She has worked in outpatient palliative care and as a consultant in hospice work and palliative medicine.

DIPL.-ING. RALF MOOREN is a mechanical engineer and expert welding engineer as well as a managing director and corporate consultant. In cooperation with Brigitte Papenfuß, he developed SOL hypnosis as a combination of psychic energy work and traditional hypnosis.

BRIGITTE PAPENFUSS is a state-certified massage therapist and a medical bath attendant working in her own practice. In addition to her main occupation, she works as a palliative care provider. She is a trained expert in Traditional Chinese Medicine (TCM), shiatsu, spiritual energy work, kinesiology and psycho-physiognomy.

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Felix Idris Baritsch is a healer, naturopath, homeopath and philosopher (M.A.). Over the course of 40 years, he has studied the effects of vaccination and spiritual healing. His findings help many people around the world restore their natural health.



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Grażyna Fosar and Franz Bludorf are physicists and mathematicians as well as qualified alternative practitioners and hypnotherapists. Together, they focus their research mainly on the newest developments in physics, astronomy and other natural sciences as well as geomancy and consciousness research. They are authors of several books in the field of fringe sciences and audiences know them from numerous appearances on radio and television. Their books 'Das Erbe von Avalon' and 'Zaubergesang' earned them international acclaim. Other titles are 'Resonanz der Psyche', 'Der kosmische Mensch', 'Reif für die Zukunft', 'Dialog mit dem Unsichtbaren.'



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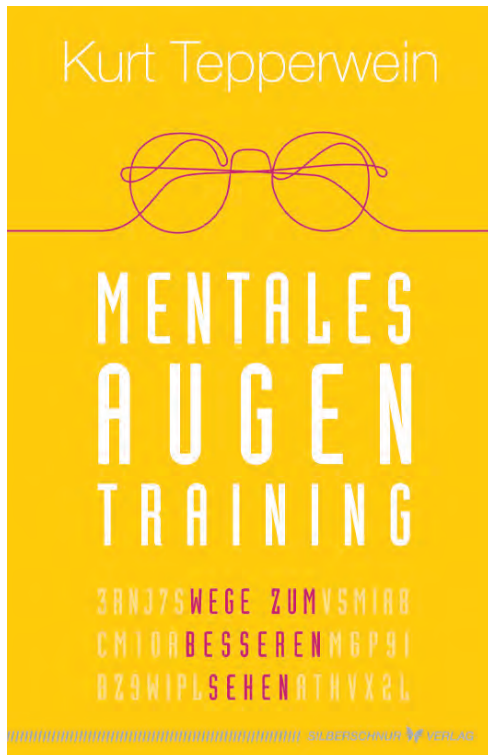
It is only one step into real life but a leap in development.



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Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

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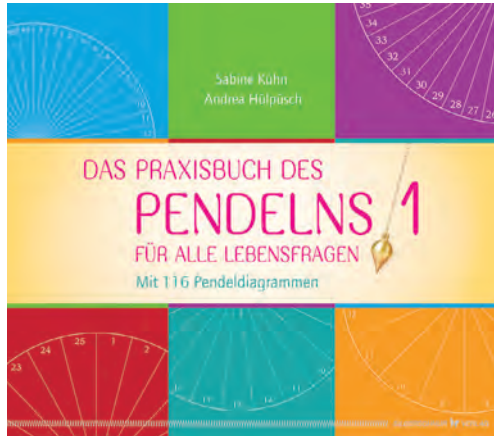
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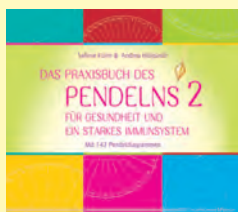
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The 'Manual of consulting the pendulum 1' offers to find a solution to nearly every problem concerning health, family, relationship or work. The authors explain how to properly work with the pendulum, what kind of questions should be asked and how to ask them correctly. Whether you wish to know how to control allergies, how to harmonize your home or what kind of barriers there are on your path - this book enables you to immediately find the solution that will help you on in your everyday life ...



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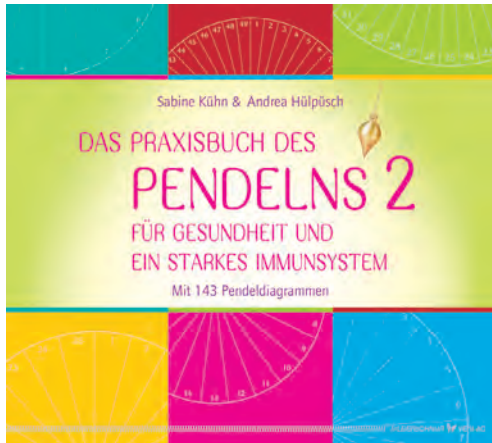
Sabine Kühn works as an author, Reiki teacher and aura photographer, teaches pendulum divination as well as a geomancer with focus of harmonisation of living places and interfering field search. The autor lives in Frankfurt.



ANDREA HÜLPÜSCH

Andrea Hülpmusch has been working as an alternative practitioner, book author and lecturer for spiritual healing techniques in her own practice in Wiesbaden for twenty years. She also is a recognized healer of the umbrella organization Dachverband für Geistiges Heilen (DGH).

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Additionally, the lists are a valuable tool for all therapists to explore nutrition, food ingredients, E-numbers and allergy triggers or to track down blockages in the energetic field. On top of that, affirmations, chakra analyses and a chakra meditation will help you cope with stress and provide energetic help.



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Sabine Kühn works as an author, Reiki teacher and aura photographer, teaches pendulum divination as well as a geomancer with focus of harmonisation of living places and interfering field search. The author lives in Frankfurt.



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THOMAS WIDRAT

Thomas Widrat (born in 1974) first worked in responsible commercially focused and marketing-oriented professions before he established himself as a text author and music producer in professional music business. Thanks to years of intensive pursuit of alternative healing methods he finally discovered his true vocation: today he is dedicated to personal development and healing. He gives lectures and seminars.

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TRUTZ HARDO

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From an early age, Franziska Krattinger (died in 2013) was able to see the auras of humans and animals. This led her to insights about the interplay of all things. For more than 20 years, she successfully used her skills to offer people advice in many professions and also gave seminars about life and consciousness development.

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This book wants to show dog owners:

- how their dog mirrors them,
- why they feel the way they feel,
- where their suffering might come from,
- how to relieve their own internal distress, and
- how to unburden their dogs by doing this.

Using examples from her own practice, the author shares her advice from decades of experience as a systemic family and trauma therapist and introduces us to a practical 6-step program we can use to bring our lives and our dogs' lives back on a new harmonious track.



BIRGIT RUSCHE-HECKER

Birgit Panjari Rusche-Hecker (born in 1967), is an alternative practitioner of psychotherapy and a systemic family therapist. The main focus of her work is the relationship between humans and animals. She passes on her knowledge in seminars and advanced trainings.

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Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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Prior to starting her career as an author, Bärbel Mohr (1964 - 2010) worked as a freelance photographer, editor and graphic designer. Her books were translated into 20 languages and have sold about 2 million copies worldwide.



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- What your spirit animal wants to tell you
- How to correctly decode your dreams



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.



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Werner Alass worked as a manager for 7 years before he successfully set up his own business as a management trainer and NLP master in 1994. Today he mainly works as an author and coach, coaching private individuals and organizing 'mind crash seminars'.

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