



FOREIGN RIGHTS CATALOGUE

2026

TITLES AVAILABLE
FOR TRANSLATION



Dear Friends & Colleagues,

I am very pleased to present our new rights list, including parts of our backlist as well. I am convinced that you will find several interesting titles for your program in Silberschnur's Foreign Rights Catalogue 2026.

Once again, our publishing house offers you a wide variety of subjects, yet they are all about the individual development and the various possibilities to gain more awareness and an increasing consciousness.

This Foreign Rights Catalogue presents our available titles in our publications fields:

- ART OF LIVING
- BODY, MIND & SPIRIT
- SPIRITUALITY & ESOTERICISM
- HEALTH & HEALING
- PERSONAL DEVELOPMENT

Please take your time to browse through this new Foreign Rights Catalogue.

If you need more detailed information, please feel free to contact me or visit www.silberschnur.de

Of course, I would be delighted to send you reading copies. If you wish to get your examination copy sooner, I shall be happy to send you reading copies as a PDF.

Please send me your suggestion for an appointment as soon as possible.

Kind regards and stay healthy!



Stefan Huber
Editorial Consultancy &
Foreign Rights Management
Verlag »Die Silberschnur« GmbH
email: rights@silberschnur.de

PERSONAL DEVELOPMENT

Kurt Tepperwein
**Smile warmly and
rediscover your life**

Have you already smiled today?

Kurt Tepperwein shows how a warm smile can open doors to new experiences and enrich your life with happy moments and inspiring encounters.

Because with a genuine smile and a positive, energetic vibe, you'll connect with people who resonate with the energy of your heart. Being friendly and going through life with a warm smile noticeably improves your self-esteem and strengthens your physical and mental well-being. A warm smile makes your life a little bit better every day. Try it today – and feel the difference it can make.

Your game-changer for more warmth of heart and a more fulfilling life.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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by Kurt Tepperwein?
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Kurt Tepperwein
Finding Peace

52 inspirations for you and the world

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with brief instructions, in a box

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Each of us can bring peace to the world!

Kurt Tepperwein offers us peaceful and inspiring reflections for every day: these 52 cards invite you to pause, feel gratitude and nourish peace in your heart.

Discover how these brief messages of inspiration can strengthen your inner peace and change your perspective on the world – bringing greater harmony into your life.

Inner clarity leads to peace in action – in everyday life, in our relationships with others and in the world.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

HEALTH & HEALING

Friederike Reumann

Healing Through Your Own Power

Your body heals itself, and you can help it do so

Small changes – big results!

Health is no accident, but the result of many small decisions. Those who look after their bodies well reconnect with themselves and can listen to their body's signals, recognise stress at an early stage and ask themselves: What do I really need right now?

Self-healing powers are not a rare miracle; they are natural resources available to you at all times.

You can play an active part in staying full of vitality and remaining healthy. As soon as you take responsibility for yourself and your body, you will become calmer, more relaxed, more confident and understand yourself better. Symptoms and ailments lose their fear factor, and you will learn to distinguish between self-regulation and genuine warning signs.

“Your body repairs itself, and you can actively support it while doing so. Take an active role in determining your own state of health!”



FRIEDERIKE REUMANN

Friederike Reumann, born in 1983, is a physical therapist, alternative medicine practitioner, and osteopath with her own practice and yoga studio on Lake Steinhude. She works with competitive athletes (basketball), leads numerous workshops and seminars, has published articles in professional and health magazines (e.g., Paracelsus, deine Gesundheit), and is the editor of several health guidebooks and her own practice magazine.



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BODY, MIND & SPIRIT

Sofia Rapti **Breast Time**

How to rediscover your breasts as a source of
feminine health and strength

Self-care with respect and sensitivity

Between Heartbeat and Breath.

No other part of the body is so often overlooked in self-care as the female breast. At the same time, however, it is also the focus of fear, as breast cancer is the most common form of cancer among women. In the media spotlight, it is, in turn, celebrated almost exclusively as an erotic object. Consequently, amidst concerns about its attractiveness and health, it is often deprived of respectful attention and natural care – free from ulterior motives, expectations and fears.

Sofia Rapti invites women to rediscover their breast area as a sensitive source of feminine strength and connection to the self. Through gentle care, soft self-massage, breathing exercises and simple tools for deeper self-awareness, we can do a great deal for our breast health, alleviate discomfort and develop a deeper sense of our bodies.

“The breast is so much more than what we think of it in everyday life or what is reflected back to us from the outside. It is both vulnerable and strong, anatomically interconnected in many ways and energetically linked to our heart, our breath, and our inner ‘yes’ to life.”



SOFIA RAPTI

Sofia Rapti is a naturopath, osteopath, yoga teacher, and yoga instructor with over 15 years of experience in women's health, movement, and bodywork. She supports women experiencing issues such as PMS, menstrual cycle changes, fatigue, breast tenderness, fertility concerns, or pelvic floor problems. Her work combines osteopathic principles, gentle bodywork, and female self-awareness, and she is particularly passionate about a mindful approach to the female body experience.

Horst Krohne & Karsten Schumacher
The Explosion of Heart Consciousness

How to bring the essence within us to blossom

Conversations with a Healer – The Transformation of Consciousness
 At their core, every human being is a divine being. The memory of our wholeness awakens as soon as we dissolve our blockages. Illnesses and crises play a key role in this process. By reflecting our limited and destructive ways of thinking back to us, they force us to turn inwards. They prompt us to turn our attention to our inner selves in order to open doors there.

This book – a dialogue with the healer Horst Krohne, taking place just a few months before his passing – invites us on such a journey inwards. With each chapter, we delve deeper within ourselves to see through and heal everything that binds our consciousness and causes illness. We have never lost our indestructible wholeness; we have merely forgotten it!

We are given valuable keys to help us unlock our inner limitations. The book's central message is that we can transform ourselves and the world. But it cannot happen without our active involvement! A key on its own can achieve nothing; it must be taken up by us and put into action.

Discover the healing power within you!



HORST KROHNE & KARSTEN SCHUMACHER

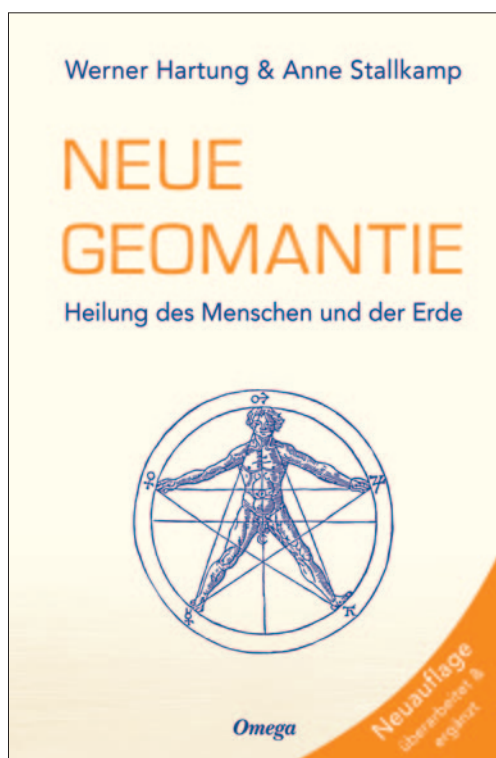
Horst Krohne (1934–2025) was one of Europe's best-known spiritual healers. In the year before his death, journalist Karsten Schumacher interviewed him and got to know him better. In the course of this exchange, the two decided together to compile a book based on Horst Krohne's 70 editorials—supplemented by contributions from Karsten Schumacher, who is particularly passionate about the topic of the liberation of consciousness in this context.

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HEALTH & HEALING

Werner Hartung & Anne Stallkamp

New Geomancy

Humans' and the Earth's Healing
New edition – revised and expanded

Understanding the Earth's energy system and healing with it energetically.

In this comprehensive guide to theory and practice, Werner Hartung & Anne Stallkamp offer us the latest insights into how we can use geomantic knowledge to heal both people and the Earth effectively and sustainably.

Building on an explanation of spiritual laws and the interplay of subtle forces within the Earth's energy field, the focus is on applied geomancy: Earth healing, clearing and energising living and working environments, agricultural land and sensitive ecosystems.

Methods of channelling energy, geomantic impregnation and the integration of astrological and geometric knowledge are described in a practical manner, demonstrating how we humans today are able to act as prudent co-creators within the fabric of life through our mental faculties.

Human healing and health are inextricably linked to the healing of our planet. Using the methods of "New Geomancy", we can contribute valuably to this.



WERNER HARTUNG & ANNE STALLKAMP

Werner Hartung is a geomancer, healer, philosopher, author, and father of two adult children. Anne Stallkamp is an astrologer, geomancer, healer, author, and mother of an adult son. Together, they are dedicated to rediscovering the ancient wisdom of creation in geomancy, astrology, nature magic, sacred geometry, and alchemy for the new magical age and making it accessible to people through publications and seminars.

Human healing and health are inextricably linked to the healing of our planet. Using the methods of "New Geomancy", we can contribute valuably to this.

Andrea Buchholz

Never in the wrong place again

The secret astrological map to love,
success and inner peace

Straight to the point – or rather, straight to the place!

Astrocartography is an almost magical method for being in the right place at the right time. It enables you to shape your life consciously and, above all, actively and successfully. In short: with the help of so-called world lines, you can find the places on Earth where you can be truly happy and successful.

The well-known media astrologer Andrea Buchholz also explains how astrological energy lines from asteroids and sensitive points on the world map can positively influence your life. Discover how you can use your personal astro-world map to find out which places you should avoid if you want to find love, success and inner peace. Follow the stars to your personal dream destination – the place where your happiness in life can unfold.

Andrea Buchholz is the author of numerous books ...

“Your happiness is just a single plane ticket away.”

Andrea Buchholz



ANDREA BUCHHOLZ

Andrea Buchholz is an astrology expert well-known from television. Through her research into ‘sensitive points’, she has developed a new form of astrology, which she publishes in German-speaking countries and teaches to her students in training seminars. She was born in Frankfurt am Main and has been working as an astrologer for over 36 years. She has been running courses and workshops on various topics in astrology for many years and trains astrologers.



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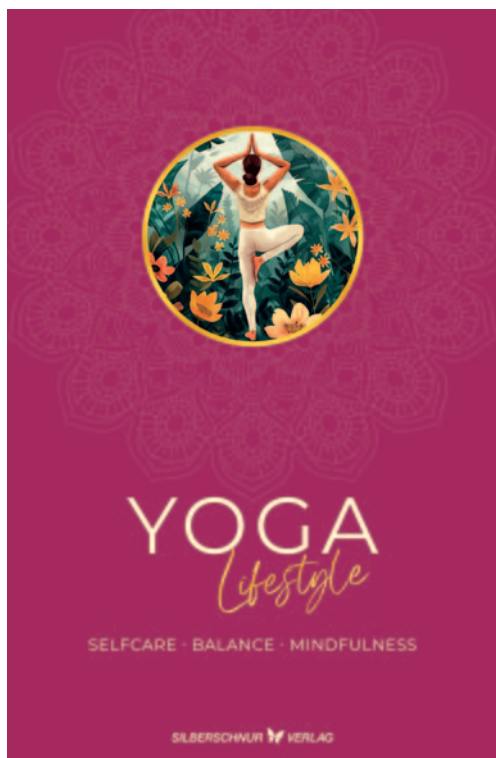
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PERSONAL DEVELOPMENT

Yoga Lifestyle

Self-care · Balance · Mindfulness Journal

Your space for tranquillity, balance and self-reflection.

Yoga Lifestyle is a daily companion on your journey towards greater mindfulness, inner peace and a more loving approach to yourself. Gentle prompts, space for personal reflection, yoga exercises, affirmations and creative breaks help you to live more mindfully and tap into your inner strength.

Observe your self-care habits, deepen your yoga practice, record your thoughts and give yourself a moment just for you every day. Step by step, clarity, confidence and a deeper connection between body and mind will emerge.

This journal reminds you:

Your yoga journey is unique – and it begins right here.

Max Huber

You Can Live Your Change

... as soon as you stop believing in limits

Anything is possible!

Theory is great, but it's not effective without practice! That's the simple message for anyone who wants to make positive changes in their life but finds it difficult to take action. We can stop accumulating more knowledge, analysing problems and making plans – and instead start directly experiencing what we long for. Anything is possible as soon as we stop believing in limits. Neither childhood conditioning nor negative beliefs can stop us from actively using our powerful hearts to create a future that already fulfils and brings us joy. Neither exhaustion nor hopelessness can prevent us from “embodying” our visions in this very moment and directing our thoughts, feelings, words and actions towards the finish line.

Max Huber advocates a radical self-experiment – an active journey into the realm of creative experience. In this book, he provides us with effective tools, practical inspiration and exercises for genuine self-realisation, creative expression and powerful manifestations.

“Allow life to be greater than your expectations by activating the power of your heart for a life that truly suits you!”



MAX HUBER

Maximilian Huber (born 1992) is a mentor, visionary and founder of the MINDINVISION community. He supports people on their journey towards a positive outlook on life and self-directed life changes. The young author places particular emphasis on the enormous power of manifestation found in communal spaces, into which he invites a deeper sense of connection, in order to bring thoughts and feelings into a fruitful collective exchange and harness them creatively and productively.



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PERSONAL DEVELOPMENT

Klaus G. Lieg

Living a Meaningful Life – What Really Sustains You When Everything Else Falls Apart

The Three Main Paths According to Viktor E. Frankl

When the foundations of your life begin to crumble, you discover what truly sustains you.

We all go through phases in which the familiar certainties of everyday life crumble away. Whether it's an unexpected life crisis, a severe loss, work-related burnout or a gnawing sense of meaninglessness: when everything seems to be falling apart, we find ourselves facing the ruins of our existence. How can we make a fresh start when pain dominates?

This book is a profound psychological compass for navigating existential storms. Based on Viktor E. Frankl's logotherapy, this work shows you how to tap into the indomitable resilience of the spirit.

Learn to transform the rubble of your crises into building blocks for a life filled with meaning – for it is only when everything else crumbles that you discover what truly sustains you.

Your guide to inner strength and a deep sense of purpose!



KLAUS G. LIEG

For more than 30 years, author Klaus G. Lieg has investigated mental stress and a wide array of relaxation techniques like mindfulness, PEP, and yoga. He gives courses and workshops, qualifies course instructors and therapists, holds seminars at universities and works in the field of operational health management (BGM) on the topic of mental stress at the workplace.

Bernadette Saphira Huber
Reclaim your strength back

... and little by little, you'll find
 your way back to yourself

Little Rosalie Herzheil shows us how, by connecting with our feelings, we can rediscover ourselves, draw new strength, and bring courage, hope and a sense of lightness into our lives.

This book is a loving companion on the journey into our inner world.

It helps us to consciously acknowledge our feelings, promote inner healing and replenish our reserves of strength.

You are so much stronger than you think you are!



BERNADETTE SAPHIRA HUBER

Bernadette Huber lives close to Munich and in addition to her leading position at the family business, she has assumed to give people trust back and to show them the healing powers working from it.

To reach everyone, she started the Rosalie Herzheil® brand and the Megareich und Megaherzlich® brand (Mega rich and Mega heartfelt), so she connects the spiritual world with our modern times. She lets people know that they are angels themselves who can help others and so she makes spirituality to a loved best-friend-lifestyle.



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PERSONAL DEVELOPMENT

Hanna Brodersen

What My Child Really Needs

Empathy rather than shouting:
the 4 principles of non-violent communication

Relationship rather than discipline.

As parents, we are often determined to bring up our children differently from how our own parents brought us up. We want to break away from the old authoritarian ways and treat our children as equals. We want our children to be happy and to grow up feeling free inside. Yet time and again we find ourselves in conflicts and fail to respond to their childish behaviour as lovingly and empathetically as we had intended.

Hanna Brodersen invites us to recognise our own patterns of behaviour when, as parents, we find ourselves caught up in stressful dynamics. She provides us with practical guidance so that, amidst our hectic daily lives, we can remain deeply connected to our children and respond to them with empathy in challenging moments, whilst at the same time taking good care of ourselves.

With four clear steps, we can succeed in strengthening our relationship with our children even in turbulent times, make harmonious decisions and not lose touch with ourselves.



HANNA BRODERSEN

Hanna Brodersen (born 1984) began to study Marshall B. Rosenberg's "Non-Violent Communication" in depth following the birth of her son (2007) and applied its principles to the practical context of needs-based parenting. She founded a parenting platform, which is now one of the largest in this field, and has published several articles and books on the subject.

Andrea Buchholz

77 Golden Tips from Andrea Buchholz

... for life's journey and the soul's journey

For a life full of magical moments.

Andrea Buchholz's 77 golden tips show us how small miracles become a reality in everyday life. For life is constantly offering us new opportunities to rediscover its abundance.

This is how these magical moments of happiness arise, moments that sustain us, strengthen us and give us new perspectives.

"Life is not something that just happens; it is something we can shape." – Andrea Buchholz



ANDREA BUCHHOLZ

Andrea Buchholz is an astrology expert well-known from television. Through her research into 'sensitive points', she has developed a new form of astrology, which she publishes in German-speaking countries and teaches to her students in training seminars. She was born in Frankfurt am Main and has been working as an astrologer for over 36 years. She has been running courses and workshops on various topics in astrology for many years and trains astrologers.



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PERSONAL DEVELOPMENT

Kurt Tepperwein **Your Conscious Being**

Activate the evolutionary factor within you

Spiritual consciousness is always also cosmic consciousness

Your consciousness is far more than personal growth. It is the power with which you actively help shape your life and the development of our future.

For you are an evolutionary factor.

In this book, consciousness researcher Kurt Tepperwein opens up new perspectives for you and encourages you to consciously align your thoughts and actions.

Recognise how your consciousness operates on an individual, collective and cosmic level. Because every conscious decision counts.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

HEALTH & HEALING

Felix Idris Baritsch & Maria von Blumencron
**The Spiritual Meaning of Illnesses,
 Vaccinations and Life Issues**

The comprehensive same named handbook
 for the Healing Card Set

Healing for Body, Mind and Soul

Health serves a purpose, but every illness is also “meaningful” because it carries a message from the soul. Symptoms reliably indicate energetic blockages, unresolved issues and pent-up problems. When we recognise their spiritual significance, we also understand the “meaning” of an illness and can fulfil its “purpose”.

In his seminal work, Felix Idris Baritsch (?2024) presents a catalogue of the most important illnesses and vaccines and sheds light on their spiritual dimension. The book helps doctors, alternative practitioners, healers and affected laypeople to look beyond illnesses, symptoms and vaccine reactions in order to decipher their spiritual messages and identify unresolved life issues. A completely new perspective on illness, healing and human consciousness



FELIX IDRIS BARTISCH

Felix Idris Baritsch is a healer, naturopath, homeopath and philosopher (M.A.). Over the course of 40 years, he has studied the effects of vaccination and spiritual healing. His findings help many people around the world restore their natural health.



MARIA VON BLUMENCRON

Maria von Blumencron is a filmmaker, author, Christian mystic and spiritual artist. Her life theme is mental healing and the study of consciousness.



Felix Idris Baritsch & Maria von Blumencron

DIE SPIRITUELLE BEDEUTUNG VON KRANKHEITEN, IMPFUNGEN UND LEBENSTHEMEN

Das große
 Handbuch zum
 gleichnamigen
 Heilkartenset



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 116 pages of accompanying book, in box

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ART OF LIVING

Bärbel & Manfred Mohr

Wishes from the Heart

How Love empowers Wishes

Fulfill your true heart's desires

Millions of people now make wishes to the Universe – yet their wishes are not always granted. In this book, best-selling authors Bärbel and Manfred Mohr focus on genuine heart's desires – and, in particular, on how we can distinguish a wish from the heart from a mere wish of the mind or perhaps even of the ego. For the Universe communicates with us through our innermost thoughts and feelings and the associated inner images. So what do we actually wish for? Do we have access to our innermost world of thoughts and feelings? Do we actually listen to the voice of our heart?

The authors go into great detail on the "classic" areas of manifestation – relationships, money and career – and provide a number of case studies and exercises to illustrate these.

Featuring successful, practical manifestation techniques, a manifestation ritual and the ten "Rules of Manifestation from the Heart"



BÄRBEL & MANFRED MOHR

Prior to starting her career as an author, Bärbel Mohr (1964 – 2010) worked as a freelance photographer, editor and graphic designer. Her books were translated into 20 languages and have sold about 2 million copies worldwide.



Dr. Manfred Mohr has a doctorate in Chemistry. Having worked for many years as a business consultant, he is now a successful author and a host of seminars focusing on personal development. With 'The Miracle of Self-Love', he became known to the general public in 2011. He passes on the spiritual legacy of his wife.

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