

Body

Mind

Spirit

FOREIGN RIGHTS CATALOGUE

TITLES FROM SILBERSCHNUR – AVAILABLE FOR TRANSLATION

2023

Body

Mind

Spirit



Dear Friends & Colleagues,

I am very pleased to present our new rights list, including parts of our backlist as well. I am convinced that you will find several interesting titles for your program in Silberschnur's Foreign Rights Catalogue 2023.

Once again, our publishing house offers you a wide variety of subjects, yet they are all about the individual development and the various possibilities to gain more awareness and an increasing consciousness.

This Foreign Rights Catalogue presents our available titles in our publications fields:

- ART OF LIVING
- BODY, MIND & SPIRIT
- SPIRITUALITY & ESOTERICISM
- HEALTH & HEALING
- PERSONAL DEVELOPMENT

Please take your time to browse through this new Foreign Rights Catalogue.

If you need more detailed information, please feel free to contact me or visit www.silberschnur.de.

Of course, I would be delighted to send you reading copies. If you wish to get your examination copy sooner, I shall be happy to send you reading copies as a PDF.

Please send me your suggestion for an appointment as soon as possible.

Kind regards and stay healthy!



Peter Schmidt
Editorial Consultancy &
Foreign Rights Management
Verlag »Die Silberschnur« GmbH
email: rights@silberschnur.de



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52 colored cards, 40 pages accompanying booklet, in a slip lid box

By the same author:



208 pages, 2-coloured, paperback

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OPTION RUSSIA

ART OF LIVING

New Releases 2023

Anjana Gill

A course in wishing – Your manifestation cards

How to stay in universe mode throughout the year

Discover your wish-fulfilment cards!

Playing exciting games with the universe and becoming a true manifestation expert at the same time? You can do it!

Bestselling author Anjana Gill shows you how to take your orders with the universe to a new level.

Each week a card is awaiting you offering you an amusing task and inviting you to play a game with the universe. This makes every single week a success, and your wishes will magically come true... The universe is always by your side! But see for yourself and draw your first card...

This will keep you in universe mode throughout the year.



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.



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352 pages, paperback

SPIRITUALITY & ESOTERICISM

Grażyna Fosar & Franz Bludorf
Connected intelligence

Collective consciousness & hyper-communication of
all living beings

Is our DNA going online?

Everything in the universe is interconnected via frequencies. We are living within a huge network comparable to a cosmic internet—that we are dialing into via our DNA!

But what exactly does this mean? Are all living beings really interconnected via hyper-communication? Which role does gravitation play in this system? And can we now finally explain baffling phenomena like synchronicity or telepathy in a way everyone can understand?

With renowned interlocutors like Stephen Hawking or F. A. Popp, the authors discuss exciting research findings in quantum physics, astronomy, medicine and consciousness research. Moreover, they critically examine established theories, offering an exceptional scientific book without any numbers or formulas that leaves no questions unanswered.

Nothing is what it seems!

GRAZYNA FOSAR & FRANZ BLUDORF

Grażyna Fosar and Franz Bludorf are physicists and mathematicians as well as qualified alternative practitioners and hypnotherapists. Together, they focus their research mainly on the newest developments in physics, astronomy and other natural sciences as well as geomancy and consciousness research. They are authors of several books in the field of fringe sciences and audiences know them from numerous appearances on radio and television. Their books 'Das Erbe von Avalon' and 'Zauberbesang' earned them international acclaim. Other titles are 'Resonanz der Psyche', 'Der kosmische Mensch', 'Reif für die Zukunft', 'Dialog mit dem Unsichtbaren.'



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144 pages, paperback

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136 pages, paperback

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PERSONAL DEVELOPMENT

New Releases 2023

Kurt Tepperwein

Becoming a new person within a day

Become who you always wanted to be!

Bestselling author and life transformation expert Kurt Tepperwein shows us a quick and easy method how to become who we always wanted to be—confident, at ease and fascinatingly radiant—catapulting us and our lives into a whole new direction, to places we have always dreamed of.

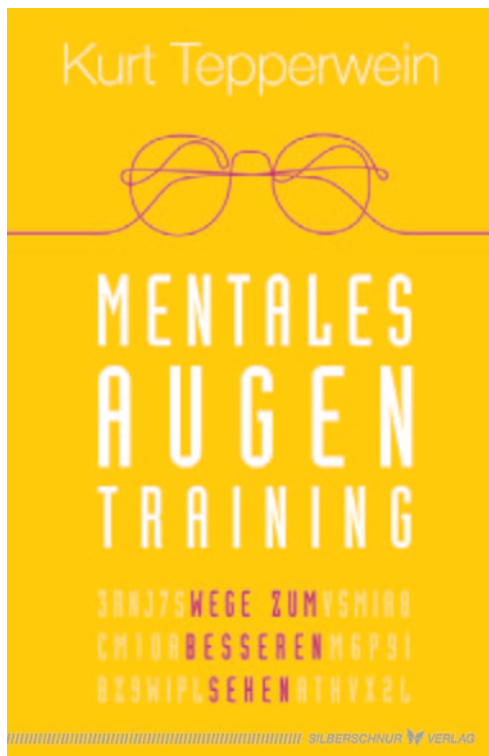
Step by step, many practical tips make us a winner and show us how to bring out the best in ourselves with just a few simple changes!

It is only one step into real life but a leap in development.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



WORLD RIGHTS AVAILABLE

128 pages, paperback

By the same author:



152 pages, 2-color, paperback,
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HEALTH & HEALING

New Releases 2023

Kurt Tepperwein

Mental eye training

Ways to improve your vision

No need for glasses well into old age? That's possible!

Kurt Tepperwein literally opens our eyes when it comes to understanding why we have visual impairments and eye disorders and what we could really see using only a few methods to heal not only our eyes but our souls as well.

This eye training can help us see the world and our lives more consciously and clearly—as our consciousness and visual acuity are mutually dependent.

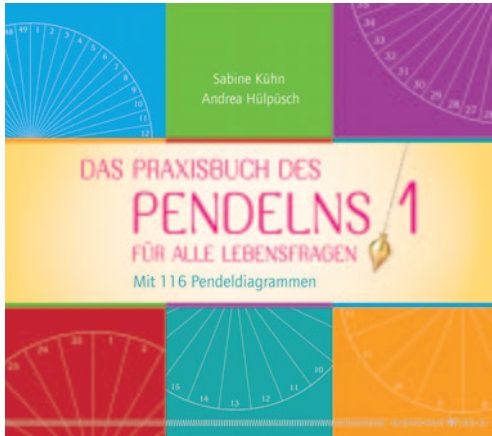
An exceptional method that will improve your eyesight and give you a clearer insight into your own personality.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

SPIRITUALITY & ESOTERICISM



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288 pages, 2-color,
hardcover with hidden spiral

By the same author:



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Sabine Kühn & Andrea Hülpmusch

Manual of consulting the pendulum 1

In all questions of life

With 116 pendulum diagrams

The 'Manual of consulting the pendulum 1' offers to find a solution to nearly every problem concerning health, family, relationship or work. The authors explain how to properly work with the pendulum, what kind of questions should be asked and how to ask them correctly. Whether you wish to know how to control allergies, how to harmonize your home or what kind of barriers there are on your path – this book enables you to immediately find the solution that will help you on in your everyday life ...



SABINE KÜHN

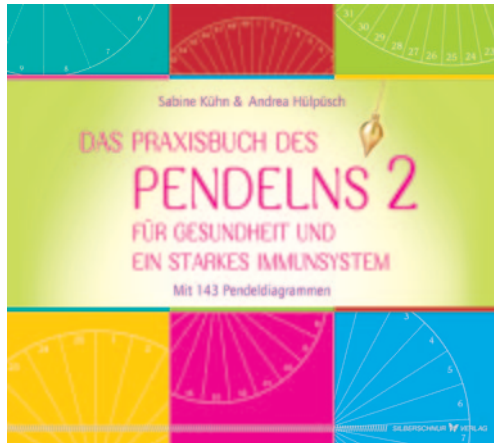
Sabine Kühn works as an author, Reiki teacher and aura photographer, teaches pendulum divination as well as a geomancer with focus of harmonisation of living places and interfering field search. The author lives in Frankfurt.



ANDREA HÜLPÜSCH

Andrea Hülpmusch has been working as an alternative practitioner, book author and lecturer for spiritual healing techniques in her own practice in Wiesbaden for twenty years. She also is a recognized healer of the umbrella organization Dachverband für Geistiges Heilen (DGH).

SPIRITUALITY & ESOTERICISM



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By the same author:



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FRANCE

Sabine Kühn & Andrea Hülpüsch **Manual of consulting the pendulum 2**

Promoting health and a strong immune system

With 143 pendulum diagrams

Pendulum diagrams enhancing your quality of life and holistic wellbeing

Following the resounding success of the first volume of 'Manual of consulting the pendulum 1,' this sequel offers numerous attractive test lists focusing on health and a strong immune system.

Using the pendulum or tensor enables you to precisely identify which methods or helpful tips you can use to successfully deal with everyday health issues on your own.

Additionally, the lists are a valuable tool for all therapists to explore nutrition, food ingredients, E-numbers and allergy triggers or to track down blockages in the energetic field. On top of that, affirmations, chakra analyses and a chakra meditation will help you cope with stress and provide energetic help.



SABINE KÜHN

Sabine Kühn works as an author, Reiki teacher and aura photographer, teaches pendulum divination as well as a geomancer with focus of harmonisation of living places and interfering field search. The author lives in Frankfurt.



ANDREA HÜLPÜSCH

Andrea Hülpüsch has been working as an alternative practitioner, book author and lecturer for spiritual healing techniques in her own practice in Wiesbaden for twenty years. She also is a recognized healer of the umbrella organization Dachverband für Geistiges Heilen (DGH).



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368 pages, paperback

HEALTH & HEALING

New Releases 2023

Thomas Widrat
Simply Healthy

Body Mind Soul

Why do we get sick? And is it even necessary?

Thomas Widrat shows us a holistic, healthy way of living we can easily integrate into everyday life. Amid the jungle of countless guidelines for a healthy life, he found their essence and created a well-founded, effective method encompassing body, mind and soul. We can expect valuable advice about nutrition and body detox as well as suggestions on how to eliminate mentally distressing factors from our lives and achieve emotional stability.

A comprehensive practical guide for all those feeling that health is more than a correctly functioning body. A book for anyone wanting to reconsider their focus and reinvent their lives.



THOMAS WIDRAT

Thomas Widrat (born in 1974) first worked in responsible commercially focused and marketing-oriented professions before he established himself as a text author and music producer in professional music business. Thanks to years of intensive pursuit of alternative healing methods he finally discovered his true vocation: today he is dedicated to personal development and healing. He gives lectures and seminars.



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184 pages, paperback

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SPIRITUALITY & ESOTERICISM

Trutz Hardo

Things that keep us going and take us forward

Thoughts, experiences and impulses of
a regression therapist

Why do we humans exist? Why are we the way we are?

This new book by Trutz Hardo significantly expands our consciousness as regards questions like:

Why are we incarnated?

Why did we voluntarily leave our spiritual home?

How do we deal with the world?

What is the goal we are supposed to achieve on earth?

Trutz Hardo is Germany's best-known regression therapist and spiritual author. In his books and seminars, he helps people on their journey to spiritual expansion of consciousness.



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help. For videos and more information about his publications, please visit: www.trutzhardo.de



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528 pages, hardcover

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USA

PERSONAL DEVELOPMENT

New Releases 2023

Franziska Krattinger

**Meet your past, understand your
present, create your future**

Your pentagram of life

Your life book.

How to understand and redefine life

Is our destiny predetermined or can we influence it—and if so, how can we do it?

Every soul embarks on its life according to a program it chose in order to understand the meaning and purpose of its existence and free itself from fears and constraints. By understanding what is, we will be able to find the solution to our problems; it will enable us to free ourselves and redefine our lives with ease and confidence. With the pentagram analysis according to Franziska Krattinger, we will decode essential behaviors and the consequences they have for us. It gives us all we need to recognize our past, understand our present and look forward to our future.

Free your feelings and recognize your power, your strength, and your opportunities.



FRANZISKA KRATTINGER

From an early age, Franziska Krattinger (died in 2013) was able to see the auras of humans and animals. This led her to insights about the interplay of all things. For more than 20 years, she successfully used her skills to offer people advice in many professions and also gave seminars about life and consciousness development.

HEALTH & HEALING



WORLD RIGHTS AVAILABLE

336 pages, paperback

By the same author:



232 pages, paperback

WORLD RIGHTS AVAILABLE

Birgit Rusche-Hecker

Soul dogs – therapists with a thick skin?

Understanding the dog at our side will expand our own consciousness.

Your dog behaves awkwardly and no matter how good a training or treatment method is, it has not been effective? In this case, it may be advisable to have a closer look at yourself because many dogs react to mental wounds of their humans. By mirroring traumatizations of their humans in various ways, dogs draw their humans' attention to those traumatizations in order for them to become aware of them and heal them. For dogs, this is very, very exhausting and it gets under their and other humans' skin as well. Out of love, they carry a huge load for their humans, and sometimes the souls of those dogs themselves can collapse under it.

This book wants to show dog owners:

- how their dog mirrors them,
- why they feel the way they feel,
- where their suffering might come from,
- how to relieve their own internal distress, and
- how to unburden their dogs by doing this.

Using examples from her own practice, the author shares her advice from decades of experience as a systemic family and trauma therapist and introduces us to a practical 6-step program we can use to bring our lives and our dogs' lives back on a new harmonious track.



BIRGIT RUSCHE-HECKER

Birgit Panjari Rusche-Hecker (born in 1967), is an alternative practitioner of psychotherapy and a systemic family therapist. The main focus of her work is the relationship between humans and animals. She passes on her knowledge in seminars and advanced trainings.

SPIRITUALITY & ESOTERICISM



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320 pages, paperback

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Johannes von Buttlar & Trutz Hardo **Supersurfing – Traveling through time & space**

A practical handbook

Out-of-body astral & time traveling

Dreaming, time traveling or quantum physics?

Did you ever wonder what it feels like to travel back in time or teleport yourself into infinite space? This is not just wishful thinking—it is absolutely possible and real.

The authors not only prove this with evidence, but they also share the historical background, the scientific basis and the technique used for SUPERSURFING.

They give you practical advice about transcending boundaries and having fascinating experiences in time and space.

Unlimited traveling through time and space—Expand your limits of experience!



JOHANNES VON BUTTLAR

Johannes Baron von Buttlar-Brandenfels is an international bestselling author. Worldwide, more than 29 million of his 27 books were published in 30 languages. He appeared on numerous international television shows. He also is a natural scientist and expert in out-of-body experiences.



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help. For videos and more information about his publications, please visit: www.trutzhardo.de



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160 pages, 2-color, paperback

By the same author:



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PERSONAL DEVELOPMENT

New Releases 2023

Kurt Tepperwein Confident self-confidence

The power of SELF!

Acting confident, being confident, living a confident life

Why are people the way they are? Why are there people who are full of self-confidence and people who are reluctant and cautious? Why are there successful and rich people and people who are still searching and do not seem to be getting their lives together?

Kurt Tepperwein shows us why and reveals how EVERYBODY can effortlessly be successful without fail. Everybody can achieve a bright personality and radiate calmness, serenity and joyfulness.

In our self-being, we are all perfect, and this book you will show you how it works.

There are 5 steps towards self-realization:

- Realization
- Change
- Attention
- Action
- Creation



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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ART OF LIVING

New Releases 2023

Bärbel Mohr

Complaints to the universe

Everything you need to know

When your delivery from the universe is delayed ...

You are eagerly awaiting your order, but the universe does not deliver. What happened? Why is the delivery service not working? You are desperate, asking yourself where and how to complain about it? And will I ever get my order anyway?

There are rules you absolutely have to follow when placing orders with the universe. Whether it is about a job, a partner or your health. This mail-order company is exceptional because it always delivers what you really need and what really makes you happy.

You ordered a job as chairman of a DAX company and your partner shall be this beautiful US singer or attractive Oscar winner? Does this really make you happy? Perhaps the universe is already delivering, and you do not even realize it. Perhaps it is this friendly iceman or this job at the animal protection organization that the universe delivers to make sure that you will really be happy.

... and how you can make your complaints a success.



BÄRBEL MOHR

Prior to starting her career as an author, Bärbel Mohr (1964 - 2010) worked as a freelance photographer, editor and graphic designer. Her books were translated into 20 languages and have sold about 2 million copies worldwide.



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192 pages, 2-color, paperback

By the same author:



208 pages, 2-coloured,
paperback

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OPTION RUSSIA

ART OF LIVING

Anjana Gill

Dear universe, what do you want to tell me?

The meaning of numbers, dreams and much more ...

Every time you look at the clock, it shows 3:33? You keep encountering the numbers 777 or 1111? You have been having that same dream for weeks? None of these are coincidences, they are signs from the universe. The universe does not communicate in plain words, it speaks to us through signs – small, big, commonplace, or unusual – the universe is very creative when it comes to contacting us. However, we often do not recognize those signs, meaning that the precious guidance the universe gave us to push us in the right direction vanishes into thin air. But it does not have to be this way! In this book, bestselling author and universe expert Anjana Gill again reveals extremely helpful cosmic secrets. ... so that you will never miss a single important message from the universe again.

- The meaning of recurring numbers
- How to calculate your personal life number and how it can help you in everyday life
- What your spirit animal wants to tell you
- How to correctly decode your dreams



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.

PERSONAL DEVELOPMENT



Werner Ablass Doing nothing and achieving everything

For a perfect life

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256 pages, paperback

By the same author:



192 pages, paperback

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HUNGARY • POLAND
CZECH REPUBLIC**

Achieve everything you want by completely letting go of your efforts!

The author shows you a simple strategy offering you a solution to every problem that is much simpler than you ever dared to believe. This enables you to effortlessly and easily explore and understand the essence of your own existence. A new configuration of your inner hard drive, a 180 degree shift and new possibilities will totally surprise you.

Do nothing and change everything!



WERNER ABLASS

Werner Ablass worked as a manager for 7 years before he successfully set up his own business as a management trainer and NLP master in 1994. Today he mainly works as an author and coach, coaching private individuals and organizing 'mind crash seminars'.

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